



15th September 2023

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A Message from Mr Thomas, Headteacher



Prynhawn da.... Good afternoon

Well, the weather has certainly changed this week but that has not stopped our pupils having a thoroughly enjoyable time. The Newsletter is full of what the pupils have been up to this week and sections to help you.

Year 5/6 children have been extremely busy starting the week off by having a Refugee Day in preparation for their topic this term. From Wednesday 30 pupils visited Nant BH for three days and had a fantastic time. The children achieved things that were out of their comfort zones, and it was amazing for them to complete tasks such as gorge walking and canoeing. A massive thank you to Mrs Marsh, Miss Joy, Mrs. Owen, and Mrs. Tait for giving up time with their families to give these children opportunities and memories that will stay with them forever. Those children who stayed behind in Year 5/6 were lucky enough to have two days of workshops with Technocamp, where they learnt all about

Reception children were a picture on Tuesday when the Leader came to take their photos, we will let you know when they will be out in the paper.

Earlier today it was my pleasure to accompany our school choir to the official opening of Plas yr Ywen. I was so proud of the children performing so well in front of Mr. Mark Drakeford. They were a credit

to the school and. A big thank you to Mrs. Stevenson for preparing them in such a short space of time.

Next week we see our first class, Llwyfen, visiting the library. Also, we are starting our first activities with families with Yar 1,2,3 parents invited for Play and Stay on Friday afternoon and on Wednesday nursery parents have the chance to chat with their new class teachers.

Keep look out next week for an email which will allow you to sign up for extra-curricular clubs this half term. They will include Art, Dance, Football, Recorders and Netball and will be starting week commencing September 25th. These clubs are free of charge and are an ideal opportunity for children to learn new skills and build up friendships whilst having fun. There are limits on the number of children we can take for each activity so do not miss out.

Finally, Monday will see the Welsh Government bringing in the 20 mph restrictions and this will include all the roads leading to school, so I ask all parents who drive to school to be aware of this.

Hope you all have a wonderful weekend and we will see you on Monday.

Kind regards,

Mr. David Thomas, Headteacher

What has been happening in school this week

Foundation Learning

Squirrels and Foxes

What a wonderful week it has been in the Squirrels and Foxes class! The children have seamlessly transitioned into their new school routines, showing remarkable adaptability and enthusiasm.

One of the highlights of this week was undoubtedly the children's first PE session. It was an absolute delight to see their faces light up with joy as they participated in games skills. Not only did they have fun, but they also demonstrated excellent listening skills and teamwork.

Despite the cooler weather, the children have been making the most of our outdoor space. They've been hard at work constructing dens, houses, and even vehicles using crates and materials. Their boundless creativity and problem-solving abilities have been brilliant to see.

Inside the classroom, we've embarked on an exciting math journey using Numicon. The children have eagerly embraced this new learning tool, mastering the art of counting to 10 and identifying Numicon shapes that represent each number. Additionally, it's been a pleasure to see how much the children have enjoyed playing math games, putting their newfound counting skills to use. These

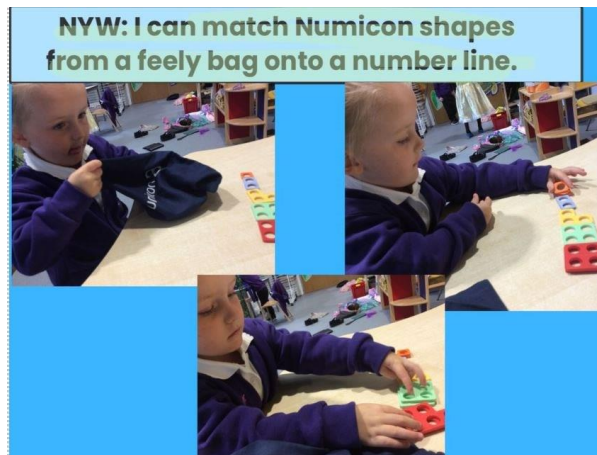
games not only reinforce their understanding of numbers but also make learning math an engaging and enjoyable experience.

A few words from Mrs Martin: This week in Foxes we have been busy enhancing our dinosaur area. The children have made dino hand prints and decorated them in their own individual way. The children have been learning about all the dinosaur names and they have loved playing in our dinosaur tent.

We have introduced Numicon to our Nursery children as a way to aid us with our counting. All of the children have been using a feely bag to feel for a given shape and match it to the correct Numicon piece on the number line. Bendigedig Foxes!

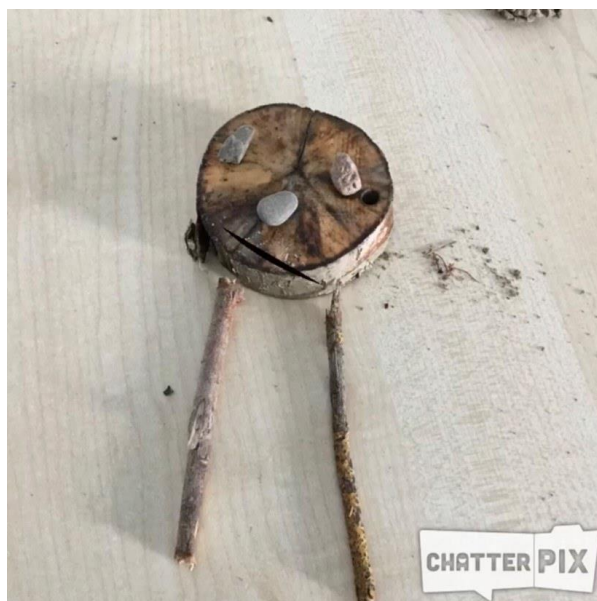


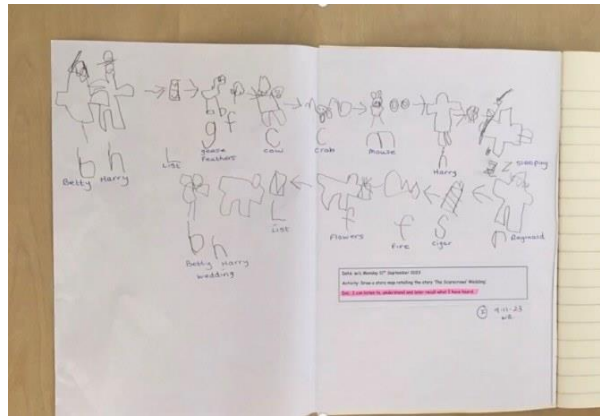




Owls, Badgers and Hedgehogs

This week Year 1, 2 & 3 have enjoyed continuing to work on The Scarecrows' Wedding storybook. The children have made story maps and used them to help retell the story. They have enjoyed visiting the Eco Area, collecting natural resources to make a video of one of the characters introducing themselves in Welsh using the Chatterpix app. The children have also enjoyed learning about Bhangra dancing and creating their own dance to perform at weddings.





Derwen and Ceiriosen

It's been another busy week in Derwen and Ceiriosen! Despite the rain it hasn't dampened the children's spirits! The children have been eager to get outside to continue to explore and find out new elements of their new topic. In Language the children have loved asking questions about story clues such as why there would be a key hidden under a flower pot. They have been working collaboratively in groups to find more clues about which characters might be in their new story and thinking of adjectives to describe the items that they found outside. The children can't wait to find out more about 'People Who Help Us' in their local community next week!

Llwyfen, Collen and Masarnen

As part of our new topic 'Conflict', Year 5 and 6 took part in some role-play and acted out being evacuees for the day. We learned about what an evacuee is, what to do during an air raid, designed our own bomb shelters and played 1940's playground games. We had lots of fun and are looking forward to do lots of exciting things in our new topic.

There was a key under a flower pot and Syd could let himself in any time that he liked.

What do you think the key opens?

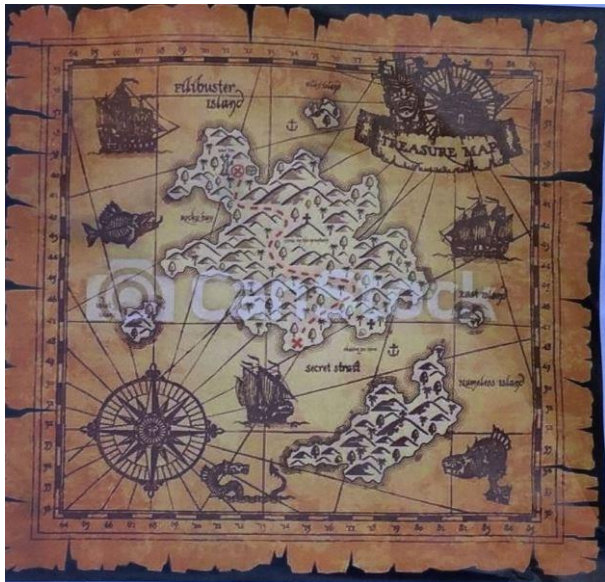
Who do you think Syd is?



Why do you think the key is under the flower pot?

What do you think this story is about?











Welsh Corner - Cornel Cymraeg



Siaradwyr Cymraeg yr Wythnos

We are very pleased that so many children have been making a excellent effort to speak Welsh daily in school. Da iawn!



Athro/Athrawes yr Wythnos

Miss Reynolds- Da iawn Miss Reynolds for using incidental Welsh throughout the day in Squirrels class.

Celebrations





Mr Thomas , Mrs Stevenson and more than 20 children from our school choir were invited to sing for the official opening of Plas y Ywen, the independent living facility for over 50's on the old site of Ysgol Perth y Terfyn. The children were exemplary and we had many comments expressing how well they represented the school. Mark Drakeford, First Minister, was the special guest, he enjoyed listening to the songs and meeting the children and staff afterwards. Special thanks to Mrs Stevenson, as always, for her work with the choir.

Attendance awards



Individual winner of the attendance award this week was Phoebe.



Class winner of the attendance award this week was Derwen.

Our overall attendance now stands at 93.15%



Tea with Mr T

The children enjoyed tea with Mr T as a reward for being VIPs this week.

Upcoming Events

- September 20th - Big Hopes Big Future. More information below.

- September 20th - New nursery parents meetings. More information below
- September 22nd and 29th and October 6th - Years 1,2 and 3 stay and play. More information to follow
- September 29th - Masarnen class service, lesson and lunch
- October 13th - Llwyfen's class service, lesson and lunch
- October 16th - Parents Evening
- October 19th - Family Bingo at 3.30pm
- October 25th open day for current and new nursery. more details to follow.
- October 27th - Harvest Service - Foundation Learning
- November 17th Collen's class service, lesson and lunch
- November 24th stay and play reception. More information to follow
- December 1st Christmas Fair
- December 8th stay and play reception. More information to follow
- December 12th panto for years 1 to 6
- December 14th Christmas play juniors

School Information

20mph is here – Walk or wheel to school

On 18 September, we are encouraging learners, parents/carers and staff to walk or wheel to school to celebrate the default 20mph speed limit starting.

From 17 September 2023, most 30mph limits across Wales will change to 20mph.

At 20mph it's safer for everyone where we live, work and play. To celebrate this, we want to encourage learners, parents/carers and staff to walk, or wheel (cycle, scoot, wheelchair) to school on Monday 18 September.

This is a voluntary activity, we would love to see you photo's on Monday 18th to be shared with Active Travel.

Parking

Thank you for your co-operation with this. The area outside the green gate is much less congested and safer for all. Diolch

Nuts

We are a nut free school, please ensure there are no nut based foods brought on to the premises.

Collection from School

From September 2023 ONLY children in year 5 and 6 can walk home without an adult and this will only be allowed once we have had written permission from parents/carers. All other children must be collected by an adult. Please let us know if someone different is collecting your children, if you would like a password system set up, please speak to class teachers or the office.

Holiday Form

If you wish to take your children on holiday during term time, can you please fill out the below Holiday Request Form, at least 7 days before the first day of absence.

[Holiday Request Form](#)

Clubs

After school clubs for Autumn are available to book on school cloud.

School Essentials Grant

Children whose families are on lower incomes and [qualify for certain benefits](#) can apply for a grant of:

- £125 per learner
- £200 for learners entering year 7 (to help with increased costs associated with starting secondary school)

All compulsory school years from reception to year 11 are now eligible.

All looked after children qualify for the grant, whether they receive free school meals or not.

Learners who receive free school meals due to transitional protection arrangements do not qualify.

Families are only entitled to claim once per child, per school year.

The 2023 to 2024 scheme is now open and will close on 31 May 2024.

To apply for this grant please contact your local authority.

<https://www.gov.wales/school-essentials-grant>

PRIMARY SCHOOL MENU

w/c 18th September

Arlwyo a Glanhau
NEWYDD
Catering & Cleaning

| MONDAY |
|--|
| <p>Jumbo Fish Finger *Or* Baked Veggie Nuggets ✓ ✓ Served with Creamed Mashed Potato & Baked Beans.</p> <p>Llaeth Y Llan Fruit Yoghurt & Fresh Fruit ✓</p> |
| TUESDAY |
| <p>Welsh Beef Bolognaise *Or* Veggie Pasta Bolognaise ✓ ✓ Served with pasta in tomato sauce, peas & garlic bread</p> <p>Mixed Fruit Sponge with cream & Fresh Fruit ✓</p> |
| WEDNESDAY |
| <p>Roast Chicken Dinner of the Day. *Or* Veggie Roast Dinner of the Day ✓ ✓ Served with roast potato, carrots, broccoli & Yorkshire Pudding.</p> <p>Lemon Oat Bar & Fresh Fruit ✓ ✓</p> |
| THURSDAY |
| <p>Chicken Curry & Naan Bread *Or* Vegetable Jalfrezi ✓ Served with rice, peas & Naan Bread</p> <p>Llaeth Y Llan Fruit Yoghurt & Fresh Fruit ✓</p> |
| FRIDAY |
| <p>Beef Burger or Vegan Burger in a Bun *Or* Salmon Fillet Served with chips & veg sticks</p> <p>Cocoa Cookie & Fresh Fruit ✓</p> |

What's on
this week....

APPROVED

This menu has been nutritionally analysed in line with Welsh Government Guidance to meet pupils needs for protein, carbohydrates, fat, sugar and salt.

✓ Suitable for Vegetarians
✓ Vegan Option Available

DAILY OPTIONS

| | | |
|---|--|---|
| <p>Sandwiches Choose from: Ham ✓ Cheese ✓ Tuna Mayo ✓</p> | <p>Freshly Cooked Jacket Potatoes Choose from: Beans ✓ ✓ Cheese ✓ Tuna Mayo ✓ Beans & Cheese ✓</p> | <p>Pasta Pots Choose from: Ham ✓ Cheese ✓ Tuna Mayo ✓</p> |
|---|--|---|

Served with daily pudding, drink, fresh fruit and salad options where available.

| | |
|---|---|
| <p>Contact Details</p> <p>Phone: 07871 068462 (11 am – 5.30 pm)</p> <p>email: thefunclub1@outlook.com</p> <p>address: The Fun Club at Ysgol Maes y Felin Pen y Maes Road Holywell CH8 7EN</p> | <p>Opening Times</p> <p>Wraparound Care 11.00 am – 3.00 pm</p> <p>After School Club 3.00 pm – 5.30 pm</p> <p>Holiday Club 7.45 am – 5.45 pm</p> <div style="text-align: center;">  </div> |
| <p>After School Club</p> <p>We look after the children from 3.00 p.m. until 5.30 p.m. Infant children are brought to the <u>after school club</u> by a member of staff. Junior children will walk from the classroom by <u>themselves</u>. We offer a range of activities for the children to enjoy.</p> | <p>We are taking bookings for Wraparound Care/After School club and Holiday Club</p> <p>Please contact us to reserve your place.</p> <p>Mobile 07871068462</p> <p>Email thefunclub1@outlook.com</p> |
| <p>Holiday Club</p> <p>We operate holiday club for the following holidays</p> <ul style="list-style-type: none"> Easter Half term (beginning June) Summer Half term (End October) Half term (February) <p>We offer half or full days childcare.</p> | <p>Wraparound Care</p> <p>Children are picked up from the Nursery and we provide fun activities for them to enjoy until end of the school day at 3.00 p.m.</p> <p>We are registered with the Child Care offer and able to offer the 30 hours free childcare for <u>3 and 4 year olds</u></p> |



Ysgol Maes y Felin School Holidays & Training Dates 2023 / 24 as at 17.05.2023

| September 2023 | | | | | | | October 2023 | | | | | | | November 2023 | | | | | | |
|----------------|----|----|----|----|----|----|--------------|----|----|----|----|----|----|---------------|----|----|----|----|----|----|
| M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S |
| | | | | 1 | 2 | 3 | | | | | | | 1 | | | 1 | 2 | 3 | 4 | 5 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 25 | 26 | 27 | 28 | 29 | 30 | | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 27 | 28 | 29 | 30 | | | |
| | | | | | | | 30 | 31 | | | | | | | | | | | | |
| December 2023 | | | | | | | January 2024 | | | | | | | February 2024 | | | | | | |
| M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S |
| | | | | 1 | 2 | 3 | | | | | | | | | | | | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 | 29 | 30 | 31 | | | | | 26 | 27 | 28 | 29 | | | |
| March 2024 | | | | | | | April 2024 | | | | | | | May 2024 | | | | | | |
| M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S |
| | | | | 1 | 2 | 3 | | | | | | | | | | | | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 | 29 | 30 | | | | | | 27 | 28 | 29 | 30 | 31 | | |
| June 2024 | | | | | | | July 2024 | | | | | | | August 2024 | | | | | | |
| M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S |
| | | | | 1 | 2 | 3 | | | | | | | | | | | | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 | 29 | 30 | 31 | | | | | 26 | 27 | 28 | 29 | 30 | 31 | |
| | | | | | | | | | | | | | | | | | | | | |

| | | | |
|--|--------------------|-----------------------------|-------------------------------|
| | Staff Training Day | Holidays (closed to pupils) | Bank Holidays (school closed) |
|--|--------------------|-----------------------------|-------------------------------|

1 - School holiday dates for 2023/24

PE Timetable

| | 9 am | 10 am | 11 am | 1 pm | 2 pm |
|-----------|-----------------|-----------------|-----------------|-------------------|-----------------|
| Monday | Squirrels (M/H) | Derwen (M/H) | Collen (M/F) | Foxes (H/M/F) | Llanfawr (M/F) |
| Tuesday | | Llanfawr (M/H) | Bedwen (H/M/F) | Hedgehogs (M/H) | Ceiriosen (M/H) |
| Wednesday | Owls (M/H) | Ceiriosen (M/F) | Derwen (M/F) | Squirrels (H/M/F) | Collen (F/H) |
| Thursday | | Bedwen (M/H) | Badgers (H/M/F) | Owls (H/M/F) | Masarnen (M/H) |
| Friday | Foxes (M/H) | Hedgehogs (M/F) | Badgers (M/H) | Masarnen (F/H) | Golden Time |

M = Muga F = Field H=Hall

2 - PE timetable for whole school - for individual timetables, please see class seesaw.



Come and join our School Family



What do we offer?

- * 30 hours free childcare
- * Breakfast Club from 7 45am
- * After school Club until 5 30pm
- * Extensive grounds and excellent outdoor facilities
- * A full programme of after school clubs
- * A focussed Nurture Provision
- * An on site family liaison officer
- * Opportunities for families to come in to school and work alongside their children.
- * Offsite trips and experiences including residential visits.
- * Expert staff who work with children to plan engaging and authentic learning experiences

We have spaces available in most year groups for an immediate start.

I really like the communication from school, it's great seeing what my child has been up to on a daily basis. - Parent

I love coming to school, we do lots of fun things - Pupil in year 4

The school nurtures a calm learning environment where the relationship between staff and pupils supports learning effectively. - Estyn 2019

For admission enquires and to arrange a visit to the school, please contact the main office - 01352 711366, mfmil@hwbcmru.net

3 - Our school information.

Parental Engagement Opportunities

Nursery Parents Open Morning/Afternoon

You are invited to a 5 minute session with your child's new class teacher on 20th September. This is an opportunity for you to share information about your child and get to know the routines of our school and the staff team. Appointments are available from 12pm and can be face to face or over the 'phone, please book a slot with class teachers on the gate - diolch.

Nursery Parents - come and see our learning in action

There are very limited spaces for an exciting project aimed at nursery parents, you are invited to 10 sessions with your children, it is an opportunity to meet with other parents, see how your child has settled into school and watch them playing alongside their friends. The sessions start on 20th September 9 30 am- 11am - for further information, please contact the office on 01352 711 366 or speak to Mrs Nellist, Mrs Evans or class teachers.

Owls, Badgers and Hedgehog Families

You are invited to a stay and play session - see poster for details.



Masarnen Parents (September 29th), Llwyfen Parents (October 13th) Collen Parents (November 17th)

You are invited to see our class service, take part in activities alongside your child and stay for a school lunch. A booking form will be sent out by the office two weeks before each classes session to ensure we have the correct numbers for meals.

Open Morning for current nursery parents and prospective parents of our school

We are holding an Open Morning for Nursery Parents (September 2023) and Prospective Parents for September 2024 or mid year transfers. Come along on Wednesday 25th October for the opportunity to have a tour of the school and our facilities, meet the staff and take part in some fun activities. There will be a raffle held with the top prize being a Maes y Felin uniform for your child.


Ysgol Maes y Felin
OPEN MORNING
 For current nursery and prospective parents in 2023/24



Meet the staff & have a tour!
Wednesday October 25th
9am - 10 30am



All attendees will receive a raffle ticket with the chance to win a set of branded uniform for their child.

Contact us
 01352 711 366

Where to find us
 Pen y Maes Road,
 Holywell

Learning, training and employment opportunities

Free Welsh Classes to help parents, carers, grandparents and friends to learn Welsh.


Clwb Cwtsh
 meithrin.cymru/clwbwtsh

ONLINE NORTH WALES
WEDNESDAY
13:00-14:00
27/09/23 - 08/11/23

Clwb Cwtsh is a fun-filled and informal programme focusing on speaking Welsh with young children.
 To register, email: clwbwtsh@meithrin.cymru

mudiad meithrin
 meithrin.cymru
 Groesol!
 Bore da!
 AMSER

Come and work at Maes y Felin

Teaching Assistant Vacancy - [School and teaching jobs in Holywell, UK - Eteach](#)

Cleaner - [School and teaching jobs in Holywell, UK - Eteach](#)

In our community



The Table

The Table is open Monday from 12-2 in St Peter's Church (behind Lidl)

Free delicious lunch in our warm church

Shop for a basket of shopping (we only ask for a donation, if you can afford it)

A listening ear and access to other sources of support

Creche, so small children can be kept safe and have fun while we're open!

And we always begin with the Bread of Life Service @ 11.30!

All are welcome and there are no barriers to coming along!

Active Travel

Flintshire County Council is seeking your views on proposals to implement Active Travel (walking and cycling) infrastructure on two routes within Holywell. Route 2 serves Ysgol Maes Y Felin.

The proposals are informed by a study undertaken by consultants during 2022 which identified key routes to each school based on where pupils live as well as site visits, observations of issues faced by people walking and cycling, and discussions with some of the schools. To take part in the public consultation, please click on the link below. The closing date for responses is 2 October 2023.

[Active Travel - Holywell Safe Routes to Schools \(flintshire.gov.uk\)](https://flintshire.gov.uk/active-travel-holywell-safe-routes-to-schools)

Sport and Recreation

Insport event

This will be held on Saturday 30th September 10am till 3pm at Jade Jones Pavilion. This event is about providing inclusive sport and physical activity opportunities for disabled young people aged 0-7. Activities include Little Paddlers for ages 0-4, multi-sport for ages 4-7, soft play 0-4 alongside a sensory room as well.

<https://www.insportseries.co.uk/events/aura-0-7-sept-23>



ACL COURSES TY CALON SEPTEMBER - OCTOBER

Monday
A hot meal for £1 from Caffi Calon
9.45-10.45am - Parent and Baby Tales and Toys (18months-4years)
10.45-11.45am - Toddler time - Craft Time (18months-4years)
12.15-1.15pm - Baby Sensory (Child Development) (0 - 12 months)
1.30-2.30pm - Helping to develop a Child's Early Language Skills through Play (18 months- 3 years)
6.30-7.30pm - Intro to Sports Coaching

Tuesday
4-5PM Family Sports for parents of children with ALN

Wednesday
A hot meal for £1 from Caffi Calon
11-12pm Movement for the mind - Dementia Friendly

Friday
Vision board and wellbeing development 10-11.30am (Starting 15th September)

An enrolment form will need to be filled in before attending these courses.
*Pre-booking is ESSENTIAL.

Courses will start week beginning 4th September.
The courses are FREE and funded by ACL North Wales for Adults age 19+ living in Flintshire and Wrexham.
Please fill out and enrolment form when you attend one of our funded courses.



What's On For Pre-School?

Parent and Toddler (toddling to 3yrs)



Delyn Ducklings
Coached Session –
Developing Physical Literacy

Price £4.25/session
Tuesday 9.30 – 10.20 am
Thursday 9.30 – 10.20 am
Saturday 9.30 – 10.20 am

Delyn Recreational Gymnastics Club

Unit 8,
Biz Parks,
Mostyn Road
Business Park,
Llanerch-y-Mor,
Flintshire,
CH8 9DQ



Pay and Play Sessions
Price £4.00/session
Monday 9.30 – 11.30 am
Wednesday 9.30 – 11.30 am
Friday 9.30 – 11.30 am

Book online:
<https://delyn-gymnastics.classforkids.io>



Free to attend for adults age 19+ living in Flintshire and Wrexham. Funded by ACL North East Wales
Ty Calon, Queensferry Campus CH5 1SA

Family sports for children with ALN

Every Tuesday 4-5pm
Starting 5th September



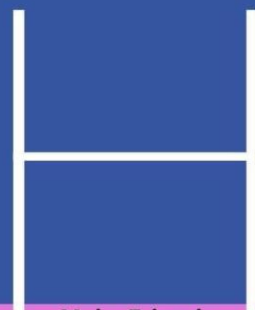
GIRLS RUGBY

Come give it a TRY!

6-16
years

FREE
Every
Monday
5-6pm

Ty Calon
3G Pitch



**Make Friends
Keep Fit
Have Fun
No Experience needed**



✉ kroberts@deesidecommunitytrust.co.uk



Weekly Activities at Ty Calon

Monday

11-11.30am - Chair Aerobics (£1)
11:30-12:00pm Over 50 Rugby skills (Free)
3.30-4pm - Turn up & Play football 2-4 years (£2)
4-5pm - Turn up & Play football, 5-11 years (£3)
5-6pm - Girls Rugby (Free)
7-8pm - Dance Aerobics (Big Stars - Sport & Fitness) (£3)
8-9pm - Walking Rugby (Contact Shotton Steel Rugby Club)



Tuesday

10am Ladies only Breeze Ride taster coaching sessions and ride
(Contact alex1breeze@hotmail.com)
7-8pm - Men's Rugby training (Contact Shotton Steel Rugby Club)
7.30-8.30pm - SASS Flex (Contact Sass Dance)

Wednesday

9.30-10.15am - Toddler Sports, walking age (£2 per child)
12-12.30am - Chair Aerobics (£1)
5-5.55pm - Children's Street Dance (Contact Big Stars Theatre School)
5.30-6.30 - Mini's & Junior's Rugby Training (Contact Shotton Steel Rugby Club)
6-6.55pm - Children's Contemporary Dance (Contact Big Stars Theatre School)
7-9pm - Ladies' Rugby training (Contact Shotton Steel Rugby Club)
7-8pm - Legs, Bums & Tums (Big Stars - Sport & Fitness) (£3)
8-9.30pm - SASS Stellar (Contact Sass Dance)

Thursday

12-4pm - Dungeons & Dragons (Contact flintshirednd@gmail.com)
11am-12pm - Stretch and Tone (Big Stars - Sport & Fitness) (£3)
12pm-1pm - Jazz Aerobics (Big Stars - Sport & Fitness) (£3)
5:45-6:45 SASS Flex Kids (Contact Sass Dance)
7-8pm - Men's Rugby training (Contact Shotton Steel Rugby Club)
7-8.30pm - SASS Starter (Contact Sass Dance)

Friday

9:30-10:30am Baby and Toddler group (Free)
11:30-1:30pm Turn up and Textile (Free)
7-8pm - Walking Rugby (Contact Shotton Steel Rugby Club)

Sunday

10.30am-12pm - Mini's & Junior's Rugby Training (Contact Shotton Steel Rugby Club)

Aston Park Rangers Football Club run Football sessions for children through to adults at Ty Calon. Contact them directly for information on sessions.



NEW FACILITY OPENING @BIZ PARKS MOSTYN

- Gymnastics fun for all abilities and ages
- Day time / Week day Toddlers sessions
- Term time schedule
- Holiday club programmes
- Young Leader Development programme
- Disability sessions
- New Adult and Freestyle sessions
- Working with schools
- Affordable fees

We also have satellite sessions held at:
Flint High And Holywell High Sports Facilities

Fun . Friendly . Encouraging



Child Centred Coaching



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